



E.M.R.S.S.
Euromediterranean PRM School
" Haim Ring "
Registered office: Viale Tunisi 8 - 96100 Siracusa - Italy
website: www.emrss.it

**With the
support**

18th E.M.R.S.S. COURSE

Programme

CERVICAL SPINE DISORDERS **Capsular/Ligament/Osteo/Muscular/Fascial** **Disfunction**



Siracusa 29 October - 1 November 2023

Venue: Aretusa Palace Hotel

E.M.R.S.S. President - Francesco Cirillo



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Scientific Committee: Nikolaos Barotsis, Paolo Boldrini, Maria Gabriella Ceravolo, Nicolas Christodoulou, Calogero Foti, Franco Franchignoni, Francesca Gimigliano, Raffaele Gimigliano, Alessandro Giustini, Klemen Grabljevec, Milica Lazovic, Mauro Zampolini.

Local Committee: Daniele Bruschetta, Valeria Coco, Giulia Letizia Mauro, Pietro Marano, Cristiano Monello, Michele Vecchio, Stephen Zammit.



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Sunday October 29th, 2023
19:00 Registration
19.30 – Networking Event
Jolly Aretusa Palace Hotel

Monday, October 30th, 2023
Morning Session h. 09.30 – 13.30

Chairpersons: Giovanna Beretta – Paolo Boldrini



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09:00 Greetings from the authorities.

09:30 Anatomy of the cervical spine - Klemen Grabljevec

10:30 Break

10:45 Biomechanics and function of the cervical spine
 Paolo Boldrini

11:30 Principles of clinical semeiotics and evaluation scales
 Nicola Smania

12:30 Imaging appearances and diagnostic considerations
 Antonio Politi e Salvatore Materazzo

13:15 Discussion

13:30 Light Lunch



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Monday, October 30th, 2023
Afternoon Session 14.30 – 18-30

Chairpersons: Klemen Grabljevec - Nikolaos Barotsis



14:30 Physiatric approach in myofascial syndromes
 Carmelo Pirri



15:15 Tension Type Headache - Nikolaos Barotsis



16:30 Break



**16:45 Dental occlusion and TMJ Dysfunction: Systemic Implications
and Postural Assessments – Ugo Macca**



17.15 Cervical Vertigo: differential diagnosis - Stefano Di Girolamo



18:00 Discussion



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18:30 End of Session

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Tuesday 31 October 2023

Morning Session h. 09.30 – 13.30

Chairpersons: Jorge Lains - Mauro Zampolini



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- | | |
|--------------|---|
| 09:00 | When cervical curve straightening and inversion are real and not fake issues? The impact of sagittal balance on the neck posture - Stefano Negrini |
| 09:30 | Physiatric approach in cervical protrusions, herniated. Discs and spondyloarthrosis - Jorge Lains |
| 10:00 | Surgical approach: indications and treatments
Vincenzo Denaro |
| 10:30 | Break |
| 10:45 | Rachialgia in athletes - Andrea Bernetti - |
| 11:15 | Cervical sprain from a road accident, legal medical aspects
Francesco Cirillo - Cristiano Monello |
| 11:45 | The Cochrane evidence for the management of cervical spine disorders - Carlote Kiekens |
| 12:30 | What do young trainees think about PRM in their nations
Discussant: Mauro Zampolini |
| 13:30 | Light Lunch |



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Tuesday 31 October 2023

Afternoon Special Session 14.30 – 18-30

Chairpersons: Calogero Foti – Michele Vecchio

**“MANUAL THERAPY”
in minor intervertebral disorders**

- | | | |
|--|--------------|--|
| | 14:30 | General notions - Carlo Mariconda – Carla Correggia |
| | 15:30 | Practical demonstration -Valeria Coco – Ennio Spadini |
| | 16:30 | Break |
| | 16:45 | Practical demonstration (continue) - Valeria Coco – Ennio Spadini |
| | 18:30 | End of Session |
| | 18:30 | Meeting of the scientific committee |
| | 21:00 | Evening together in Siracusa |

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Wednesday 1 November 2023

Morning Session h. 9,30 – 12,30

Chairpersons: Francesca Gimigliano – Giulia Letizia Mauro



- 09:30 International guidelines on the rehabilitation approach to cervical spine disorders- Francesca Gimigliano**
- 10:15 Master's lesson: the cervical spine a perspective view
Vincenzo Denaro**
- 11:30 History of the EMRSS and future prospective
Francesco Cirillo**
- 12:00 Delivery of certificates**
- 12:30 Toast and group photos**



Afternoon: Special Session 14.30 -18.00



Chairpersons: Stephen Zammit

INFILTRATIVE THERAPY & Mesotherapy



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- 14:30 General notions - Andrea Piccozzi- Stephen Cavallino**
- 15:30 Practical demonstration - Andrea Piccozzi- Stephen Cavallino**
- 18:00 End of Session and closing of the course**



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Euro Mediterranean
Rehabilitation Summer School
 Siracusa, Italy

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FACULTY (in alphabetic order)



Nikolaos Barotsis* - President of the UEMS PRM Board - Greece

Giovanna Beretta - SIMFER President - Italy

Andrea Bernetti - Physiatrist, Researcher at the Sapienza University, Rome - Italy

Paolo Boldrini - ESPRM General Secretary - Italy

Stephen Cavallino* - Director of the European School of Prolotherapy - U.S.A.

Francesco Cirillo - EMRSS President - Italy

Valeria Coco - Sicily SIMFER Secretary - Italy

Carla Correggia - International Federation for Manual/Musculoskeletal Medicine member - Italy

Vincenzo Denaro - Scientific Director, Campus Bio-Medico University Hospital, Rome - Italy

Stefano Di Girolamo - Full Professor of ORL, Tor Vergata University, Rome - Italy

Calogero Foti - MFPRM president, Full Professor PRM, Tor Vergata University, Rome - Italy

Francesca Gimigliano - ISPRM President, Full Professor PRM Vanvitelli University, Naples - Italy

Klemen Grabljevec* - ESPRM president, National University Rehabilitation Institute, Ljubljana - Slovenia

Jorge Lains* Medical Director Deputy - Rehabilitation Centre for the Central Region of Portugal - Rovisco Pais Hospital, Portugal

Charlotte Kiekens* - Physiatrist, IRCCS MultiMedica, Milan (formerly PRM Dept. University Hospitals Leuven) - Belgium & Italy

Carlo Mariconda - Director MPR Unit Hospital Gradenigo Humanitas, Turin - Italy

Giulia Letizia Mauro - Full Professor PRM, Palermo University - Italy

Salvatore Materazzo - M.D. Diagnostic imaging department- "Villa Salus"- Siracusa

Ugo Macca - M.D. Dentist - Perfected in Boston University - Syracuse - Italy

Cristiano Monello - EMRSS member, PRM resident, Tor Vergata University, Rome - Italy

Stefano Negrini - Cochrane Rehabilitation director, Full Professor PRM. "La Statale" University & IRCCS Orthopaedic Institute "Galeazzi", Milan - Italy

Andrea Piccozzi - Physiatrist, Medical Director Avalon Center Sgonico (Trieste) - Italy

Carmelo Pirri - Physiatrist, Researcher at the University of Padova - Italy

Antonio Politi - M.D. Diagnostic imaging department- "Villa Salus", Syracuse - Italy

Nicola Smania - Full Professor PRM, Verona University - Italy

Ennio Spadini - Director Dep. of PRM, San Filippo Neri Hospital, Rome - Italy

Michele Vecchio - PRM professor, Catania University - Italy

Stephen Zammit* - Rehab Medicine Consultant at Ministry of Health, La Valletta - Malta

Mauro Zampolini - President of the UEMS PRM Section - Trevi -Italy

*** Foreign Teachers**



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It is possible that there are any changes to the program and to the topics covered by the speakers according to specific needs. They will be promptly announced on the EMRSS and SIMFER website.



Any further information will be published on the website www.emrss.it and www.simfer.it.

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SEE YOU IN SYRACUSE

