

SYNTHETIC FORM FOR A BOARD CERTIFIED TRAINING CENTRE

CENTRE NAME: Pamukkale University Medical School,
Department of Physical Medicine and Rehabilitation

ADDRESS: Pamukkale Üniversitesi Hastanesi,
Fizik Tedavi ve Rehabilitasyon Anabilim Dalı,
Kınıklı, 20070, Denizli, TURKEY

NAME OF THE UNIT RESPONSIBLE: Füsun Ardıç, MD, Professor

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- Main clinical activities of the centre:

(state the main areas of care depending on clinical workload and interests)

Dept. of PRM offers inpatient and outpatient care in almost all areas of the medical specialty of PRM.
Predominant clinical activities are listed below:

1. Musculoskeletal system disorders
2. Rehabilitation of neurologic diseases
3. Obesity and exercise
4. Hand Rehabilitation
5. Urogynecological rehabilitation (Urinary incontinence, physical modalities)
6. Balneotherapy

- Specific research interests of the centre:

(give the key words for each theme)

Exercise

Balneotherapy

Obesity

Traumatic hand rehabilitation

Urological rehabilitation

Electrotherapy

Electrophysiology

Back pain

- List five publications from the last five years which most represent the centre's research programme:

(Publications corresponding the themes described above are listed)

1. Ardiç F, Ozgen M, Aybek H, Rota S, Cubukçu D, Gökgöz A. Effects of balneotherapy on serum IL-1, PGE2 and LTB4 levels in fibromyalgia patients. *Rheumatol Int* 2007; 27(5):441-6.
2. Sarsan A, Ardiç F, Ozgen M, Topuz O, Sermez Y. The effects of aerobic and resistance exercises in obese women. *Clin Rehabil.* 2006; 20(9):773-82.
3. Ozgen M, Gungen G, Sarsan A, Ardic F, Çalıklan S, Sabir N, Tasdelen G, Baydemir C. Determination of the position on which the median nerve compression is at the lowest in carpal tunnel syndrome and clinical effectiveness of custom splint accomodation. *Rheum Int* Published online 20 March 2010
4. Yildiz N, Alkan H, Akkaya N, Catalbas N, Ardic F. Relationship between level and severity of the lesion and bladder behavior in patients with spinal cord injury. *Turk J Phys Med Rehab* (Accepted 18 Oct 2010).
5. Goren A, Yildiz N, Topuz O, Findikoglu G, Ardic F. Efficacy of exercise and ultrasound in patients with lumbar spinal stenosis: a prospective randomized controlled trial. *Clin Rehabil* 2010;24(7):623-31.

- Please identify if necessary the conditions and means of exchange for trainee specialist

(the number permissible, the person to contact, etc.):

Foreign trainees and/or specialists are welcome to be an observer in our department as long as they are able to speak English. The exchange is possible in the framework of Erasmus Student Exchange Program. The number may be one or two at a time. The person to contact is the Chair of the department.

Authorisation to publish over Internet YES NO

Signature:

Füsün Ardiç, MD