

EUROPEAN BOARD OF PHYSICAL AND
REHABILITATION MEDICINE

EUROPEAN UNION OF MEDICAL SPECIALISTS
Union Européenne des Médecins Spécialistes



EXAMINATION PROTOCOL

ACADEMIC YEAR 2025 - 2026



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COMMITTEES

Examination Steering Committee

Examination Steering Committee, responsible organising the examination, collating, and contributing to question-writing and reviewing how questions perform, is composed of the President, Past-President and Incoming President the EBPRM and the national managers/responsible persons of the countries where the EBPRM Examination is mandatory as well as a medical educationalist to review the Question Bank, to support analysis of the performance of questions and is composed of the following members:

Aydan Oral (co-chairperson), Nikolaos Barotsis (co-chairperson), Helena Burger, Rolf Frischknecht, Thierry Lejeune, Stephen Zammit, and a medical educationalist (if possible).

Standards Setting Committee

Franco Franchignoni, Alvydas Juocevicius, Angela McNamara, Xanthi Michail, Guy Vanderstraeten, Jean Michel Viton, and two trainees/early career PRM specialists (within the 5 years after having the licence of practicing as a PRM physician and provided that they have already passed the EBPRM Examination).

Examination Jury

The Examination Jury, responsible for excluding questions and setting the pass-mark, is formed according to the provisions stated in the “Common rules of procedures for the UEMS Section of Physical and Rehabilitation Medicine and its committees, including the Board of Physical and Rehabilitation Medicine”.

Panel of Examiners

Examiners are recruited according to “UEMS-CESMA Guideline on examiner selection for European postgraduate medical assessments” with the following provisions: After a call for Examiners among delegates/ EBPRM fellows, Examination Steering Committee compiles a list of applications to be inquired about the eligibility of each applicant for selection. New Examiners undergo a probation period with careful assessment of performance in order to continue. There is no limit on the number of Examiners. The mandate lasts for two academic years.



Appeal Committee

Mauro Zampolini (chairperson), Nicolas Christodoulou, Alain Delarque, Alessandro Giustini, Crt Marincek.

ASSESSMENT RULES

Eligibility Criteria

The applicants must be physicians who have had their training in PRM in UEMS full member countries, Israel, Jordan, Serbia, and Turkey. Two situations are considered:

Qualified PRM specialists:

They must show proof that they are fully certified in PRM in their country (National Certification in UEMS full member countries, Israel, Jordan, Serbia, and Turkey) and present their professional curriculum vitae to the National Manager (the National Manager is the National Delegate who has responsibility for the organisation of the Examination in his/her country, has the responsibility for validating the files of his/her national colleagues and manages all certification procedures in his/her country).

PRM trainees:

PRM trainees can sit the EBPRM examination from year 3 of a specialist training programme at the discretion of the training programme director. Even if they pass the Board Examination, they will not receive the Board Certificate until they will be officially certified in their country as PRM physicians. PRM trainees will be registered on a special list and their EBPRM Certificates will only be given on proof of their certification as PRM physicians in their country. This process is the responsibility of the National Manager and the Board Certification Secretary General.

Examination Fee

Regular Examination fee: 300 Euros.

The examination fee is reduced to 240 Euro in countries where the BEx is mandatory because it is part of their national qualification system for PRM (those countries are Belgium, Malta, Slovenia, and Switzerland).

Candidates who have failed can sit the exam once more without further payment, provided that they sit the exam within one year from the year they failed. Candidates who were absent, will have the right to sit the exam within the next two years without further fee payment. A new application is mandatory in both cases.



Training Requirements and Curriculum

The Curriculum of studies in Physical and Rehabilitation Medicine was approved by the UEMS in 2023 and is a part of the European Training Requirements in PRM. The document is published on the official website of the UEMS PRM Section and Board and can be downloaded [here](#).

ASSESSMENT METHOD

Structure and Content of the Assessment

The examination of the European PRM Board is exclusively written, consisting of 100 multiple-choice questions (MCQs) with five options (best of five: four distractors and one correct answer). The questionnaire includes up to 80 Multiple Choice Questions (MCQs) and no less than five clinical cases with 4 MCQs each.

The examination questions are based on the learning objectives presented in the first 8 chapters of the Core curriculum for postgraduate PRM education, as detailed in the European Training Requirements in PRM published in 2023 and the Examination Blueprint (both documents are available on the official website).

Language of the Examination

The language of the examination is English.

Duration of the Examination

The duration of the examination is 3 hours. The examination starts on the same date and time (30 May 2025, at 11:00am Athens time) in all participating countries.

Application Procedure

The examination schedule and application deadlines are announced on the official website of the European PRM Board www.uems-prm.eu. The applications period opens about five months before the examination, with a deadline set at two months before the examination. The candidates are very welcome to contact the National Managers of the European PRM Board for further details and any assistance required for their registration.

The applications are submitted through an electronic form available on the official website. Immediately afterwards, the candidate must present the registration file to the National Manager for verification and validation. The registration file will be returned to candidate after completion of certification procedure. The Registration file consists of the following documents:

- Copy of fee payment receipt,
- Copy of the registration – application (sent to the candidate by email at the submission of the application),



- Logbook duly completed and signed by the local Director of Training and
- the National PRM Qualification (for qualified PRM doctors).

The National Manager will examine the registration file and certify that training and National qualifications have been done according to National and European standards and criteria.

Mode of Delivery

The examination is computer-based. The examinees are physically invigilated. The local organization of the examination in each participating country is under the responsibility of the National Managers of the European Board of PRM. Depending on the country, the examination is either taken in computer rooms (CR) or examination venues using the own laptops of the candidates (BYOL). The decision is taken by the National Manager, according to the local circumstances, and is communicated to the candidates.

In all cases, special software is used to block the computer from accessing unauthorised local or remote resources and prevent cheating. The installation of the above-mentioned software is compulsory, or the candidates cannot take the examination. The technical details are published on the official website and are constantly updated. For the BYOL option, the candidates are required to bring their personal laptops at the examination venue. The candidates must carefully check the technical requirements and follow all instructions sent or published on the examination platform by the secretariat.

Archiving

Examination data, including all aspects of the organisation of European postgraduate medical assessment and the results of the examinations are kept in a permanent electronic and properly secured database. The database is accessible by the President, Past President, Incoming President, Secretaries and Treasurers of the Board.

SCORE CALCULATION PROCEDURE

Each correct question receives one point. There is no penalty or negative scoring for wrong answers. The examination is computer-based, and the score is automatically calculated by the examination platform. In case the Jury decides to exclude problematic questions, based on the post-hoc validity analysis of the examination, the scores are recalculated, and the candidates are regraded accordingly.

PASS-FAIL DECISION CRITERIA

The cut-off of the examination is decided by the Examination Jury according to the recommendations of the Standards Setting Committee, which are based on the modified Angoff methodology or Beuk



compromise method as to be decided by the Examination Jury. The meeting of the Jury is scheduled two to four weeks after the examination.

The rate of pass/fail since the establishment of the assessment depends on the cut-off set by the Examination Jury. It remained relatively steady along the last years, as reported below.

YEAR	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Participants	81	84	98	110	112	92	115	77	100	117	129	127	146
Success rate (%)	88	81	86	87	89	78	78	82	84	85	95	78.7	90.5
Median score	66	64	63	66	71	63	63	66	61	63	67	58	70
Cut-off score	56	54	51	55	59	58	59	59	50	52.88	52.03	51	54

COMMUNICATION OF THE RESULTS

After the Jury meeting, the candidates' results are presented to the Board Executive Committee, for confirmation. Then, the results of the examination (in the form of passed or failed) will be sent by email by the Examination Secretary to each National Manager. The final score and the performance to each question are not revealed to the candidates. The National Managers in turn notify the candidates of their results (in the form of passed or failed) by telephone or electronic means and request a copy of their National Certification in PRM to the final year trainees who passed the examination. The National Managers will retain the Diploma of the final-year trainees until they receive the copy of their National Certification as PRM physicians.

Counselling of the failed candidates

Within a month from the announcement of the results, the failed candidates can request the breakdown of their results, by contacting their National Manager. Failed candidates will be informed through their National Manager about their performance in each PRM knowledge domain, compared to the average performance of all participants. The individual performance to each question is not revealed to the candidates.

Number of permitted attempts by candidates

The European PRM Board Examination does not apply any limitation to the permitted attempts by the candidates.



SELECTION OF EXAMINATION QUESTIONS AND EXAMINERS

Examiners and the Question Making Procedure

The question makers (examiners) are recruited either with an open call for vacancies or by invitation of the Examination Committee. The selection is performed according to the criteria published in the call for recruitment. The examiners are trained and assessed each year, according to the guidelines for examiners issued by UEMS-CESMA.

The questions provided by the examiners undergo an extensive review and revision by the Examination Steering Committee, before being included in the question bank.

The Selection of Examination Questions

The selection of the questions for the examination is done by the Question Bank Committee (President and the Past President or the Incoming President of the Board, assisted by experts appointed according to the provisions of the Board rules of procedures). The examination includes new questions (i.e. not used in previous examinations) and questions taken from the question bank of previous years exams. The role of the Question Bank Committee is to ensure the creation of a well-balanced set of questions, according to the Examination Blueprint.

POST-HOC ANALYSIS OF THE RESULTS

Statistical validity analysis

The following statistical parameters are calculated when performing the primary statistical validity analysis:

1. The level of difficulty of the questions (Facility Index).
2. The discriminative power of the questions.
3. Option Analysis: the response rate each option received.
4. The coefficient of internal consistency.
5. Average score, median score and standard deviation, skewness and kurtosis.

Clinical validity analysis

Questions presenting validity issues in the primary statistical analysis are referred to the Examination Committee and to experts of the European PRM Board, for the clinical validity assessment. The panel examines all items presenting validity issues in the primary statistical analysis and elaborates specific recommendations to the Examination Jury.

Both the primary and secondary analyses are presented to the Examination Jury before releasing the results.



QUALITY ASSESSMENT OF THE EXAMINATION

National Managers' and Candidates' Feedback

The feedback of the National Managers and Candidates is collected after the examination and is presented to the Examination Jury. The survey includes questions on organisational issues and the scientific aspects of the examination. Candidates' survey is anonymous.

The SWOT Analysis

The Examination Committee implements a SWOT analysis of the examination on an annual basis, to ensure a thorough quality management system and the continuous quality improvement.

THE APPEAL PROCEDURE

Grounds for an Appeal

The grounds for an appeal should be limited to procedural irregularity, examiner misconduct, administrative errors or extenuating circumstances that have adversely affected the candidate's performance. Any illness affecting performance must be declared to the National Manager and Certification Secretary General before the examination and supported by a timely medical certificate (supplied within five working days).

The application form can be downloaded from the official website of the European PRM Board and must be sent by the candidate by email to the Chairperson of the Appeal Committee the latest 30 days after the release of the results. The payment of the full fee for an appeal (€100) needs to be made in advance of a formal appeal hearing. The fee is reimbursed to the applicant only if the Appeal Committee accepts the appeal.

APPRAISAL OF THE EBPRM EXAMINATION

The Council for European Specialist Medical Assessments (CESMA-UEMS), in consideration of the European Directive to ensure high standards of medical professional qualifications and practice across Europe, has endorsed the Examination conducted by the European Board of PRM. The certificate of Recognition and Merit awarded to the European Board of PRM, was granted by the UEMS-CESMA in Antwerp, Belgium on May 4, 2025. It stands as a testament to the exceptional quality, reliability, and validity of the EBPRM Examination in assessing PRM Physicians.

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