

SYNTHETIC FORM FOR A BOARD CERTIFIED TRAINING UNIT

UNIT NAME: Rehabilitation Medical Center, Tor Vergata University Hospital

ADDRESS: Viale Oxford, 81, 00133 Roma, Italy, EU

NAME OF THE UNIT RESPONSIBLE: Prof. Calogero Foti

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- Main clinical activities of the unit:

The Tor Vergata University Hospital Rehabilitation Medical Center treats people with disabilities of various origins, mainly neurological (e.g. multiple sclerosis) and musculoskeletal (e.g. low back pain, osteoarthritis).

In Tor Vergata University Hospital, PRM perform consultations for patients admitted in the hospital wards, to assist them with motor or respiratory re-educational programs, with the transfer to different rehabilitation settings, or to return to their home with the highest quality of life.

In the Outpatients Center, PRM performs physiatric assessments for the prescription of Individual Rehabilitation Projects; antalgic mesotherapy to relieve pain caused by several conditions (e.g. low back pain, pain in the joints, neuropathic pain); injection therapy in the joints with steroids, hyaluronic acid or other compounds to reduce the burden caused by osteoarthritis.

- Specific research interests of the unit:

The Unit research is mainly focused on osteoarthritis related disability, in the use of different physical agents to improve quality of life, in low back pain related disability and in the rehabilitation of people affected by multiple sclerosis.

- List five publications from the last five years which most represent the unit's research programme:

1. Manocchio N, Pirri C, Sorbino A, Giordani L, Vita G, Ljoka C, Foti C. Shoulder Tendinopathy Induced by Statins: A Case Report and Systematic Review. *J Pers Med*. 2025 May 15;15(5):198. doi: 10.3390/jpm15050198. PMID: 40423069; PMCID: PMC12112834.
2. Manocchio N, Moriano C, D'Amato A, Bossa M, Foti C, Nocentini U. Beyond Cognition: Cognitive Re-Education's Impact on Quality of Life and Psychological Well-Being in People with Multiple Sclerosis-A Narrative Review. *NeuroSci*. 2025 Jul 15;6(3):64. doi: 10.3390/neurosci6030064. PMID: 40700129; PMCID: PMC12286144.
3. Manocchio N, Argento O, Bossa M, Spanò B, Pellicciari L, Foti C, Nocentini U. The Role of the Cerebellum in Multiple Sclerosis-Related Fatigue and Disability. *J Clin Med*. 2025 Apr 20;14(8):2840. doi: 10.3390/jcm14082840. PMID: 40283670; PMCID: PMC12027523.
4. Manocchio N, Pirri C, Ljoka C, Sorbino A, Piacentini N, Monello C, Vita G, Foti C. Long-Term Efficacy of Carboxymethyl-Chitosan in Advanced Knee Osteoarthritis: A Twelve-Month Follow-Up Study on Non-Responders to Hyaluronic Acid. *Biomedicines*. 2025 Jan 22;13(2):270. doi: 10.3390/biomedicines13020270. PMID: 40002684; PMCID: PMC11852378.
5. Fiaschetti V, Manocchio N, Cosolo H, Dell'Anna S, Porcari G, Di Roma M, Dell' Anna V, Foti C. Paravertebral intramuscular and rectal insufflation oxygen-ozone therapy for modic 1- related low back pain: a case report. *J Bodyw Mov Ther*. 2026 Jul;47:186-190. doi: 10.1016/j.jbmt.2026.03.026. Epub 2026 Mar 23. PMID: 42264791.

- Please identify if necessary the conditions and means of exchange for trainee specialist (the number permissible, the person to contact, etc.):

The Tor Vergata University Hospital Rehabilitation Medical Center favorably accept the exchange of trainee specialist both inward and outward, with a long history of productive exchanges in the past in across Europe and even abroad (e.g. U.S.A., Japan). At Tor Vergata University Hospital, a maximum of two trainees can be welcomed together, to maximize their experience in the different activities during the training period.

Interested trainees should get in contact with the Secretariat at medicina.riabilitativa@ptvonline.it.
Further needs will be reported on a case-by-case basis.

Authorisation to publish over Internet YES ☐ X Signature:

NO ☐

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Il Direttore
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